

## Athletics Northern Ireland Cross Country & Road Running Fixtures 2025 – PROVISIONAL

Note to Road Race organisers – Due to the ever-increasing amount of road applications, dates may be held provisionally however full details will only be included upon receipt of completed permit application and fee.

Cross Country ■ Ultra Running ■ Mountain Races ■ Postponed ■

Updated 26<sup>th</sup> March 2025

[www.athleticsni.org](http://www.athleticsni.org)

March 2025					
Sun 30 <sup>th</sup>	Clogher Valley 5k Road race	Clogher Valley Community Centre	10am	<a href="mailto:amckenna502@gmail.com">amckenna502@gmail.com</a>	
April 2025					
Wed 2 <sup>nd</sup>	Queens 5k	Annadale Embankment	6.50pm	<a href="mailto:T.Reid@qub.ac.uk">T.Reid@qub.ac.uk</a>	
Sat 5 <sup>th</sup>	The Florida Endurance Challenge	Florida Manor, Killinchy, Co. Down	8am / 2pm / 5pm	<a href="http://www.gaithouseevents.com">www.gaithouseevents.com</a> <a href="mailto:info@gaithouseevents.com">info@gaithouseevents.com</a>	
Sun 6 <sup>th</sup>	35 <sup>th</sup> SPAR Omagh Half Marathon & 5k	Omagh Leisure Complex	8:30am	Martin McLaughlin 07786164431 <a href="mailto:omaghhalfmarathon@gmail.com">omaghhalfmarathon@gmail.com</a>	
Sun 6 <sup>th</sup>	Monkstown Spartans Belfast Zoo 5K 2025	Belfast Zoo	9am	<a href="mailto:spartanszoo5k@gmail.com">spartanszoo5k@gmail.com</a>	
Tue 8 <sup>th</sup>	Ballymena Bellies Ladies 5 Mile Race	Galgorm Community Centre	7pm	<a href="http://www.ballymenarunners.org">www.ballymenarunners.org</a>	
Thurs 10 <sup>th</sup>	Castlewellan H&D Race 1	Castlewellan Forest Park	7:30pm	<a href="mailto:ir.taylor@ntlworld.com">ir.taylor@ntlworld.com</a>	
Sat 12 <sup>th</sup>	Larne AC 10 Mile	Larne Leisure Centre	10am	<a href="mailto:Dnoble@cat.com">Dnoble@cat.com</a>	
Thurs 17 <sup>th</sup>	Castlewellan H&D Race 2	Tollymore Forest Park	7:30pm	<a href="mailto:ir.taylor@ntlworld.com">ir.taylor@ntlworld.com</a>	
Sat 19 <sup>th</sup>	Beragh 5 Mile & 5k Road Races	St Marys Park, Beragh	11am	<a href="mailto:donnelyadrian50@gmail.com">donnelyadrian50@gmail.com</a>	
Mon 21 <sup>st</sup>	Whitehead Easter Road Race	Whitehead	12pm	<a href="mailto:wca@whitehead-ni.com">wca@whitehead-ni.com</a>	
Thurs 24 <sup>th</sup>	Slieve Martin H&D Race 3	Rostrevor Forest Park	7:30pm	<a href="mailto:ir.taylor@ntlworld.com">ir.taylor@ntlworld.com</a>	
Wed 23 <sup>rd</sup>	Bay Road 5k	Da Vinci's Hotel	7:30pm	<a href="mailto:emmettmc16@hotmail.com">emmettmc16@hotmail.com</a>	
Wed 30 <sup>th</sup>	Purple Ladies 5k	Joey Dunlop Leisure Centre	7:30pm	<a href="mailto:springwellrunningclub@gmail.com">springwellrunningclub@gmail.com</a>	
May 2025					
Thurs 1 <sup>st</sup>	Binnian H&D Race 4	Rostrevor Forest Park	7:30pm	<a href="mailto:ir.taylor@ntlworld.com">ir.taylor@ntlworld.com</a>	
Sun 4 <sup>th</sup>	2025 Moy Park Belfast City Marathon, Team Relay & 8-Mile Walk	Stormont Estate	9am	<a href="mailto:info@belfastcitymarathon.org">info@belfastcitymarathon.org</a>	
Fri 9 <sup>th</sup>	Run the Runways	Ards Airport	6:30pm	<a href="mailto:Newtownardshm@gmail.com">Newtownardshm@gmail.com</a>	
Sat 10 <sup>th</sup>	Gortin 5 Mile and 5k	Main Street, Gortin	11am	<a href="mailto:donnabean1@hotmail.com">donnabean1@hotmail.com</a>	

Thurs 15 <sup>th</sup>	Cock and Hen H&D Race 5	Hen Car Park	19:30pm	deonmcneilly@outlook.com	
Sat 17 <sup>th</sup>	Seskinore Forest 5k	Seskinore Forest	11am	<a href="mailto:seskinorercg@gmail.com">seskinorercg@gmail.com</a>	
Sat 17 <sup>th</sup>	THE COAST HALF MARATHON & 10K	Killough Village Green, Killough, Co. Down	HM – 10am 10k – 11am	<a href="mailto:info@born2runevents.com">info@born2runevents.com</a>	
Sun 18 <sup>th</sup>	Strabane Lifford Half Marathon	Melvin Sports Complex	9:30am	<a href="mailto:Ashleigh.Devine@derrystrabane.com">Ashleigh.Devine@derrystrabane.com</a>	
Thurs 22 <sup>nd</sup>	Millstone H&D Race 7	Carn Car Park	7:30pm	<a href="mailto:ir.taylor@ntlworld.com">ir.taylor@ntlworld.com</a>	
Sat 24 <sup>th</sup>	May Fair Races 5k and 10k	Ballyclare Rugby Club	10am	<a href="mailto:mayfairrace@gmail.com">mayfairrace@gmail.com</a> <a href="http://www.countyantrimharriers.co.uk">www.countyantrimharriers.co.uk</a>	
Sun 25 <sup>th</sup>	Pat Dunbar Memorial – Leitrim Lodge Race	Leitrim Lodge	11am	<a href="mailto:ir.taylor@ntlworld.com">ir.taylor@ntlworld.com</a>	
Sun 25 <sup>th</sup>	Newell 5k and 10k	Newell Stores Coalisland	10:30am		
Sun 25 <sup>th</sup>	Marconi 5	Tennis Courts, Ballycastle	10am	<a href="mailto:championchpireland@googlemail.com">championchpireland@googlemail.com</a>	
Sat 31 <sup>st</sup>	Almac 5k and 10k	Craigavon Lakes	11am	<a href="mailto:championchpireland@googlemail.com">championchpireland@googlemail.com</a>	
Sat 31 <sup>st</sup>	Slieve Donard Mountain Race	Slieve Donard	2pm	deonmcneilly@outlook.com	

### June 2025

Thur 5 <sup>th</sup>	Fairhill 5 Mile	Fairhill Shopping Centre	7pm	<a href="http://www.ballymenarunners.org">www.ballymenarunners.org</a>	
Thur 5 <sup>th</sup>	Loughshannagh H&D Race 8	Carn Car Park	7:30pm	deonmcneilly@outlook.com	
Fri 6 <sup>th</sup>	CS Lewis 5 Mile Challenge	CS Lewis Square, Belfast	7pm	<a href="mailto:hello@vpcac.com">hello@vpcac.com</a>	
Sat 7 <sup>th</sup>	Killyclogher 10k	Killyclogher GAA Club	11am	<a href="mailto:secretary.killyclogher.tyrone@gaa.ie">secretary.killyclogher.tyrone@gaa.ie</a>	
Wed 11 <sup>th</sup>	Stunnerz in Runnerz 2025	Loughry College Cookstown	7:30pm	<a href="mailto:timothy-johnston91@hotmail.com">timothy-johnston91@hotmail.com</a>	
Fri 13 <sup>th</sup>	Co Down 5k	Downpatrick	6:30pm	<a href="mailto:andrewtel84@gmail.com">andrewtel84@gmail.com</a>	
Sat 14 <sup>th</sup>	Meels H&D Race 9	Meelmore Lodge	7:30pm	deonmcneilly@outlook.com	
Wed 18 <sup>th</sup>	Vitality Lisburn Half Marathon, 10k and Fun Run	Lisburn LeisurePlex	6:45pm	<a href="mailto:Lyndsay.McVeigh@lisburncouncil.gov.uk">Lyndsay.McVeigh@lisburncouncil.gov.uk</a>	
Fri 20 <sup>th</sup>	Comber 10k	Castle Lane, Comber	7:30pm	<a href="mailto:ballydrain.secretary@outlook.com">ballydrain.secretary@outlook.com</a>	
Fri 20 <sup>th</sup>	Drinahilly H&D Race 10	Donard Forest	7:30pm	deonmcneilly@outlook.com	
Sun 22 <sup>nd</sup>	2025 Moy Park Belfast City Women's 10k	Titanic Quarter	10am	<a href="mailto:info@belfastcitymarathon.org">info@belfastcitymarathon.org</a>	
Fri 27 <sup>th</sup>	Carnlough Quarry Challenge	Glenlough Running Club	7pm	<a href="http://www.glenloughrunningclub.com">www.glenloughrunningclub.com</a>	

Fri 27th	Ards Half Marathon	Ards Blair Mayne Wellbeing and Leisure Complex	6pm	<a href="mailto:newtownardshm@gmail.com">newtownardshm@gmail.com</a>	
<b>July 2025</b>					
Sun 6 <sup>th</sup>	The Great Rossa Run	Ardboe Hall	10am	<a href="mailto:shaneboe@hotmail.com">shaneboe@hotmail.com</a>	
Sat 12 <sup>th</sup>	The Greyabbey Endurance Challenge	Grey Abbey Estate, Greyabbey, Co Down	8am/2pm/5pm	<a href="http://www.gaithouseevents.com">www.gaithouseevents.com</a> <a href="mailto:info@gaithouseevents.com">info@gaithouseevents.com</a>	
Sun 13th	Kilclief Ben Dearg Coastal Run	Kilclief Ben Dearg GAA	10am	<a href="mailto:eimeardegan97@hotmail.co.uk">eimeardegan97@hotmail.co.uk</a>	
Fri 18th	SEA	Newcastle Leisure Centre	6.30pm Walk, 7.30pm 10K and 5K Race	<a href="mailto:info@born2runevents.com">info@born2runevents.com</a>	
Wed 23 <sup>rd</sup>	Donaghadee 5k	The Harbour Donaghadee	7:30pm	<a href="mailto:runninginthedee@gmail.com">runninginthedee@gmail.com</a>	
Fri 25 <sup>th</sup>	Giants Trail Race	QUB Sports Pavilion	7pm	<a href="mailto:bwki01@gmail.com">bwki01@gmail.com</a>	
<b>August 2025</b>					
Fri 1 <sup>st</sup>	Stanley Reid Memorial 5 Mile Classic	Loughry College Cookstown	7:30pm	<a href="mailto:timothy-johnston91@hotmail.com">timothy-johnston91@hotmail.com</a>	
Fri 1 <sup>st</sup>	The Roadrunner 3k, 5k and 10k.	Eikon Lisburn	3k 6pm 5k 6:45pm 10k 7:30 pm	<a href="mailto:roadrunnersac@yahoo.com">roadrunnersac@yahoo.com</a>	
Sat 9th	Dambusters 10M, 10K and 10K	Silent Valley Mountain Park, Head Road, Annalong, Co. Down	10:30am	<a href="mailto:info@born2runevents.com">info@born2runevents.com</a>	
Sat 16th	Dromore 5k/10k Run Co.Tyrone	Main street Dromore, Co Tyrone	10:30am	<a href="mailto:clairedgar101@gmail.com">clairedgar101@gmail.com</a>	
Sun 17th	Storming the Castle 10k	Carrickfergus Amphitheatre	1:30pm	<a href="mailto:stormcastle800@gmail.com">stormcastle800@gmail.com</a> <a href="http://www.seaparkac.com">www.seaparkac.com</a>	
Fri 22nd	Portrush 5 Mile	West Strand, Portrush	7:30pm	<a href="mailto:portrush5@gmail.com">portrush5@gmail.com</a>	
Sat 23rd	NI and Ulster Road Relay Championships – Belfast Victoria Park Relays	Victoria Park, Belfast	11am	<a href="https://www.vpcac.com/hello@vpcac.com">https://www.vpcac.com/hello@vpcac.com</a>	
<b>September 2025</b>					
Sun 7 <sup>th</sup>	Laganside 10k and Childrens One Mile 2025	Ormeau Park	2pm	<a href="mailto:laganside10K@gmail.com">laganside10K@gmail.com</a>	
Sun 7th	Carmen Runners 5 Mile Road Race	Milestone Centre, Carrickmore	10am	<a href="mailto:Carmen.runner@outlook.com">Carmen.runner@outlook.com</a>	
Sun 14th	Coastal Runners Clandeboye 10K	Clandeboye	2:30pm	<a href="mailto:stevensonlighting@hotmail.com">stevensonlighting@hotmail.com</a>	

		Estate Courtyard			
Sun 22nd	2025 Moy Park Belfast City Half Marathon	Ormeau Park	9am	<a href="mailto:info@belfastcitymarathon.org">info@belfastcitymarathon.org</a>	
Sun 21st	TJ McElmeel Cross Country Day	The Palace Demesne, Friary Rd. Armagh	12:30pm	<a href="https://armaghac.com/#/">https://armaghac.com/#/</a> <a href="mailto:mmktyross@yahoo.co.uk">mmktyross@yahoo.co.uk</a>	
Sat 27th	NI and Ulster 10k Road Race Championships – Seaton Classic (Bangor) 10k	Bangor Sportsplex, Old Belfast Road, Bangor	10am	northdownac.co.uk <a href="mailto:events@northdownac.co.uk">events@northdownac.co.uk</a>	
Sat 27th	Annaghmore Running Festival	Annaghmore Community Hall	10am	<a href="mailto:konrad79@hotmail.com">konrad79@hotmail.com</a>	

### October 2025

Sat 4th	<b>NIMAA XC trials and championships</b>	Queens Playing Fields	11:30am	<a href="mailto:annemaquire28@gmail.com">annemaquire28@gmail.com</a>	
Sun 5th	Groomsport 10k	Groomsport Car Park & Garden	1pm	<a href="mailto:wprace@gmail.com">wprace@gmail.com</a>	
Sat 11th	Dundrum Gr8 Race	Main Street, Dundrum	12 noon	<a href="mailto:annemccormick92@yahoo.co.uk">annemccormick92@yahoo.co.uk</a>	
Sun 19th	Saintfield 5k and 10k	Comber Street, Saintfield	TBC	<a href="mailto:saintfieldstriders@outlook.com">saintfieldstriders@outlook.com</a>	

### November 2025

Sat 15th	The Montalto Night Endurance Challenge & 5/10K Trail Race	Montalto Estate, Ballynahinch	6pm / 8pm	<a href="http://www.gaithouseevents.com">www.gaithouseevents.com</a> <a href="mailto:info@gaithouseevents.com">info@gaithouseevents.com</a>	
Sun 16th	2025 Moy Park Belfast City 5k Fun Run	Belfast City Centre	9am	<a href="mailto:info@belfastcitymarathon.org">info@belfastcitymarathon.org</a>	
Sat 22nd	Springwell Cross Country	Owenbeg, Derry GAA	TBC	<a href="mailto:lougherycolin@gmail.com">lougherycolin@gmail.com</a>	